

LIMITED BENEFITS



Employer Name:

Group ID #:

Plan Coverage Dates:

WELCOME TO YOUR HEALTH BENEFITS

To ensure you and your family have access to quality health coverage solutions, your employer has chosen to offer an eligible employer-sponsored health plan made available through the Breckpoint platform.

Custom-designed around the unique health and wellness needs of its employees, your new benefits plan provides a variety of valuable coverage options.

You can choose to enroll in the plan or to decline coverage. To help you consider your options and make the best-informed decision, this guide provides an overview of the benefits being offered.

Additional information about these benefits and a Summary of Benefits Coverage (SBC) can be found at my.breckpoint.com. A paper copy of the SBC is also available, free of charge, by calling (toll-free) 1.844.657.1575.

IMPORTANT: You may be required to make an election to enroll or decline coverage during your enrollment period. You may also be subject to a waiting period before your coverage can begin.

YOU HAVE 2 DIFFERENT WAYS YOU CAN MAKE YOUR ELECTIONS!

GIVE US A CALL

Call our Information Center and one of our knowledgeable representatives will help you. Available Monday through Friday 7:00 am – 4:00 pm PST at 1.844.657.1575. Representantes que hablan inglés y español están disponible.

2 SEE YOUR HR DEPARTMENT

Complete the Enrollment Form with your elections and give to your HR representative.

EXCITING NEWS!



OPEN ACCESS NETWORK

DRIVING SAVINGS FOR MEC PLANS

MINIMUM ESSENTIAL COVERAGE SOLUTION

Open Access Network improving access & savings

Our Minimum Essential Coverage (MEC) solution is designed to combine with your health benefits plan to extend favorable reimbursement for MEC plans. Unlike traditional MEC plans, our MEC Solution enables members to choose high-quality medical providers and facilities to meet their precise health needs while balancing the financial cost for the member, the plan and the provider.

It's a win-win: members gain open choice to select higher-quality care for fair and reasonable costs, along with lower out-of-pocket costs; providers receive reimbursement based on fair, acceptable market recognized pricing and geography.

It improves member access to quality care, achieves 50-75% cost savings improvement, provides front-end proactive telephonic/ email support for member care questions, and works collaboratively with providers delivering care.

Unlike health plans that offer a specific defined network (e.g., a PPO), our MEC Solution allows members to seek care and treatment for covered services under the plan from any provider. While providers and facilities are not considered "in-network" or "out-of-network," they are granted fair and equitable reimbursements based on the market-sensitive pricing approach.

OUR ADVANTAGES

- Deep cost improvement for each MEC Plan and their members
- No defined network of providers; the open-access model allows members to seek care from any provider
- Proactive, front-end support to guide members to the best providers and high-quality care decisions. Member support can be obtained on-demand via phone or email 866.762.4455 mecsupport@valenzhealth.com
- Improved member access to quality care
- Direct provider education, support and collaboration

COVERED SERVICES FOR ALL PLANS

Preventative Health Services

FOR ADULTS

- Abdominal Aortic Aneurysm
 One-Time Screening
 (Men of specified ages who have ever smoked)
- Aspirin Use to Prevent Cardiovascular Disease
- Blood Pressure Screening
- Cholesterol Screening
 (Adults of certain ages or at a higher risk)
- Colorectal Cancer Screening (Adults over 50)
- Depression Screening
- Diabetes (Type 2) Screening (Adults with high blood pressure)
- Fall Prevention Intervention
 (Adults over 65 at a higher risk)
- Healthy Diet Counseling
- Hepatitis B Screening
- Hepatitis C Screening
- HIV Pre-Exposure Medication
- HIV Screening
- Immunization Vaccines
- Lung Cancer Screening (Adults up to 24 years)
- Obesity Screening and Counseling
- Sexually Transmitted Infections Counseling
- Skin Cancer Behavioral Counseling (Adults up to 24 years)
- Statin Preventative Medication (Adults ages 40-75 with no history of CVD)
- Syphilis screening
- Tobacco Use Screening and Counseling
- Tuberculosis Screening
- Unhealthy Alcohol Misuse Screening and Counseling
- Vitamin D Supplementation
- COVID-19 Testing (Swab Only)

(One per plan year per member)

FOR WOMEN

- Bacteriuria Screening (Pregnant women)
- Breast Cancer Chemoprevention Counseling
- Breast Cancer Genetic Test Counseling (BRCA)
- Breast Cancer Mammography Screenings

(Once a year for women over 40. Complex imaging not covered)

- Breast Cancer Preventative Medication
- Breastfeeding Support and Counseling
- Cervical Cancer Screening (Sexually active women)
- Chlamydia Infection Screening
- Contraception

(Food and Drug Administration approved contraceptive methods, sterilization procedures, and patient education and counseling)

- Domestic Violence Screening and Counseling
- Folic Acid Supplements
- Gestational Diabetes Screening (Women 24 to 28 weeks pregnant and those at high risk of developing gestational diabetes)
- Gonorrhea Screening
- Hepatitis B Screening
- HIV Screening
- Immunization Vaccines
- Osteoporosis Screening (Woman 65 year and older)
- Perinatal Depression Screening
- Preeclampsia Screening & Preventative Medication
- Rh Incompatibility Screening
- Syphilis screening
- Tobacco Use Counseling
- Vitamin D Supplementation

FOR CHILDREN

- Depression Screening
- Fluoride Chemoprevention Supplements

(Infants & children up to age 5 years)

- Gonorrhea Prophylactic Medication (Newborns)
- Hemoglobinopathies or Sickle Cell Screening (Newborns)
- HIV Screening
- Hypothyroidism Screening (Newborns)
- Immunization Vaccines
- Obesity Screening and Counseling
- Phenylketonuria (PKU) Screening
- Prevention Skin Cancer Behavioral Counseling
- Sexually Transmitted Infections
- Tobacco Use Interventions
- Visual Acuity Screening (Children ages 3 to 5 years)

ACA COVERED MEDICATIONS

95 common medications included at no cost! Medications such as:

- Aspirin
- Bowel Preparation
- Breast Cancer Prevention
- Contraceptives
- Fluoride Supplements
- Folic Acid
- Statins
- Tobacco Cessation
- Vitamin Supplements
- See the full list at <u>breckpointrx.com</u>



COMPLIANCE MINIMUM VALUE PLAN (MVP)

THIS PLAN INCLUDES:

Minimum Essential Coverage	✓
Minimum Value	✓
NEW! Network	AXA Open Access
Out of Network Coverage	N/A
Individual Medical Deductible/Max Out-of-Pocket	\$7,600/\$7,600
Family Medical Deductible/Max Out-of-Pocket	\$15,200/\$15,200
Preventive & Wellness Covered with no out-of-pocket expenses.	100%
Primary Care Visit	
Specialist Visit	
Urgent Care Visit	
Maternity Pre/Post Natal (Office Visit)	100% of MAC* After Deductible
Mental/Behavioral Health (Office Visit)	
X-Rays & Labs	*Subject to the maximum charge
Emergency Room	allowed ("MAC"
Emergency Transport	or "Allowable Amount")
Inpatient Services	
Outpatient Services	
Hospital Admission	
Rx Prescription Discount (Powered by Shield PBM)	Included
Rideshare Transport	Not Included
Virtual Urgent Care (Powered by MeMD)	Included

PLAN FEATURES

- Covers preventive and wellness services at no cost including:
 Annual Wellness Exam, Immunizations, and STI Screenings.
- This plan has an Open Network provided by AXA Assistance USA. Choose your own provider without the limitations of Network restrictions.
- No waiting periods.
- No co-pays with 24/7 Virtual Urgent Care. (Powered by MeMD, see insert for more information)
- Rx Benefits Included. (Powered by Shield PBM)
- Provides major medical coverage. Please contact our Member Service
 Department for additional details.

Please see plan specification document for more details.

	Employee Only	Employee + Child(ren)	Employee + Spouse	Employee + Family
PRICING	\$498.50*	\$897.30*	Not Offered	Not Offered

*rate is subject to underwriting

Routine Eye Exams (Refraction)

Plan Features	Network Care	Out-Of-Network Care
Primary Care Physician Selection	Not required	Not applicable
Deductible (per plan year)	\$7,600 Individual \$15,200 Family	Not applicable
As indicated in the plan, member cost sharing for certain services are excluded from the ch	arges to meet the deductible.	
Once the family deductible is met, all family members will be considered as having met their	deductible for the remainder of the plan ye	ar.
Member Coinsurance (applies to all expenses unless otherwise stated)	0%	Not applicable
Out-of-Pocket (OOP) Maximum (per plan year, includes deductible)	\$7,600 Individual \$15,200 Family	Not applicable
All covered expenses accumulate separately toward the network and out-of-network OOP	imit.	
Pharmacy co-payment expenses apply towards the OOP limit. Only those OOP expenses reand co-pays may be used to satisfy the OOP maximum.		
Once the family payment limit is met, all family members will be considered as having met t		
Payment for Out-of-Network Care	Not applicable	Not applicable
Referral Requirement	Not required	Not applicable
Physician Services	Network Care Covered in full	Out-Of-Network Care
Virtual Urgent Care Powered by MeMD Office Visits to Non-Specialist	100% of MAC after deductible*	Not applicable Not applicable
amount and potential balance billing where the employee will be responsible for any amou Includes services of an internist, general physician, family practitioner or pediatrician for did		ry.
Specialist Office Visits	100% of MAC after deductible*	Not applicable
Prenatal Maternity and Post-Partum Care (office visit)	100% of MAC after deductible*	Not applicable
Mental Health & Alcohol/Drug Abuse Services (office visit)	100% of MAC after deductible*	Not applicable
Maternity - Delivery	100% of MAC after deductible*	Not applicable
Preventive Care	Network Care	Out-Of-Network Care
Preventive care services are covered in accordance with Health Care Reform. Services sub	iect to change as guidelines are revised.	
Routine Adult Physical Exams and Immunizations Includes routine tests and related lab fees. Limited to 1 exam every 12 months.	Covered in full	Not applicable
Well Child Exams and Immunizations Limited to 1 exam every 12 months. Immunizations will be subject to age and developmenta appropriate frequency limitations determined by ACIP.	Covered in full	Not applicable
Routine Gynecological Exams Includes routine tests and related lab fees. Limited to 1 exam every 12 months.	Covered in full	Not applicable
Routine Mammograms For covered females age 40 and over. Limited to 1 exam every 12 months.Complex imaging recovered.	Covered in full	Not applicable
Nomen's Health Includes: Screening for gestational diabetes, HPV, counseling for sexually transmitted infections, counseling and screening for HIV, screening and counseling or interpersonal and domestic violence, breastfeeding support, supplies, and counseling. Contraceptive methods, patient education and counseling. Limitations may apply.	Covered in full	Not applicable
Routine Digital Rectal Exam / Prostate-Specific Antigen Test For covered males age 18 and over. Limited to 1 exam every 12 months.	Covered in full	Not applicable
Colorectal Cancer Screening For all members age 50 and over. Limited to 1 exam every 12 months.	Covered in full	Not applicable

For covered children age 3 to 5. Coverage is limited to 1 exam every 12 months. Voluntary Sterilization - Tubal Ligation Covered in full Not applicable Covered as a Preventive Care service in accordance with Health Care Reform. **COVID-19 Testing** Swab only. Limited to 1 exam every 12 months. Covered in full Not applicable

Covered in full

Not applicable

Diagnostic Procedures	Network Care	Out-Of-Network Care
Outpatient Diagnostic Laboratory	100% of MAC after deductible*	Not applicable
Outpatient Diagnostic X-ray (except for complex imaging services)	100% of MAC after deductible*	Not applicable
Outpatient Diagnostic X-ray for Complex Imaging Services (Including, but not limited to, MRI, MRA, PET, and CT Scans)	100% of MAC after deductible*	Not applicable
Emergency Medical Care	Network Care	Out-Of-Network Care
Urgent Care Provider	100% of MAC after deductible*	100% of MAC after deductible*
Emergency Room	100% of MAC after deductible*	Not applicable
Emergency Ambulance	100% of MAC after deductible*	Not applicable
Non-Emergency Ambulance	Not applicable	Not applicable
Other Services and Plan Details	Network Care	Out-Of-Network Care
Hospital Care	100% of MAC after deductible*	Not applicable
Mental Health and Alcohol/Drug Abuse Services (other than office visit)	100% of MAC after deductible*	Not applicable
Skilled Nursing Facility Coverage is limited to 120 days per plan year.	100% of MAC after deductible*	Not applicable
Therapy and Rehabilitation Services	100% of MAC after deductible*	Not applicable
Durable Medical Equipment	100% of MAC after deductible*	Not applicable
Mouth, Jaws, and Teeth Oral surgery procedures, medical in nature.	100% of MAC after deductible*	Not applicable
Family Planning Covered only for the diagnosis and treatment of the underlying medical condition.	100% of MAC after deductible*	Not applicable
Pharmacy – Prescription Drug and Discount Benefits Powered by Shield PBM	Network Care	Out-Of-Network Care
Retail (Up to a 30-day supply)		
Generic Drugs	100% of MAC after deductible*	Not Covered
Preferred Brand Drugs	100% of MAC after deductible*	Not Covered
Non-Preferred Brand Drugs	100% of MAC after deductible*	Not Covered
Specialty Drugs (Up to a 30-day supply) Includes self-injectable, infused and oral specialty drugs, excludes insulin	Not Covered	Not Covered
Mail Order Delivery (for your refills for up to a 31-90 day supply)		
Generic Drugs	100% of MAC after deductible*	Not Covered
Preferred Brand Drugs	100% of MAC after deductible*	Not Covered
Non-Preferred Brand Drugs	100% of MAC after deductible*	Not Covered

my.breckpoint.com to log into our Member Portal.

*MAC or Allowable Amount:

MAC or Allowable Amount is used interchangeably to refer to the maximum charge allowed for all provider services. Please keep in mind that providers are not required to accept the Plan's Allowable Amount as payment in full and may balance bill you for the difference between the Plan's Allowable Amount and the provider's billed charges. You will be responsible for this balance bill amount, which may be considerable. You will also be responsible for charges for services, supplies, and procedures limited or excluded under the Plan, as well as any applicable deductibles, coinsurance, and/or co-payment amounts.

Pharmacy Plan includes:

Contraceptive drugs and devices obtainable from a pharmacy. Formulary generic FDAapproved women's contraceptives covered 100% in network. Not all drugs are covered.

What's Not Covered

This plan does not cover all health care expenses and includes exclusions and limitations. Members should refer to their plan documents to determine which health care services are covered and to what extent. The following is a partial list of services and supplies that are generally not covered. However, your plan documents may contain exceptions to this list based on state mandates or the plan design or rider(s) purchased by your employer.

All medical or hospital services not specifically covered in, or which are limited or excluded in the plan documents; Charges related to any eye surgery mainly to correct refractive errors; cosmetic surgery, including breast reduction; custodial care; dental care and

x-rays; donor egg retrieval; experimental and investigational procedures; hearing aids; immunizations for travel or work; infertility services, including, but not limited to, artificial insemination and advanced reproductive technologies such as IVF, ZIFT, GIFT, ICSI and other related services, unless specifically listed as covered in your plan documents; nonmedically necessary services or supplies; orthotics; over-the-counter medications and supplies; reversal of sterilization; services for the treatment of sexual dysfunction or inadequacies, including therapy, supplies, or counseling; and special duty nursing. Weight control services including surgical procedures, medical treatments, weight control/loss programs, dietary regimens and supplements, appetite suppressants and other medications; food or food supplements, exercise programs, exercise or other equipment; and other services and supplies that are primarily intended to control weight or treat obesity, including morbid obesity, or for the purpose of weight reduction, regardless of the existence of comorbid conditions. This material is for informational purposes only and is neither an offer of coverage nor medical advice. It contains only a partial, general description of plan benefits or programs and does not constitute a contract.

This material does not provide health care services and, therefore, cannot guarantee results or outcomes. Consult the plan documents to determine governing contractual provisions, including procedures, exclusions and limitations relating to the plan. They may also be subject to precertification or step-therapy. Non-prescription drugs and drugs in the Limitations and Exclusions section of the plan documents (received after open enrollment) are not covered, and medical exceptions are not available for them.





VIRTUAL URGENT CARE



Sickness doesn't sleep. Get the care you need, when you need it, at no cost to you! With on-demand exams from MeMD, you, your spouse, and children can be treated 24/7 for routine health issues like:

- Cold, flu, sore throats, sinus infections
- Allergies, itchy eyes, pink eye
- Nausea, vomiting, diarrhea
- UTIs, abdominal pain
- Skin infections, rashes
- Travel medications
- Short-term prescription refills
- General advice and consultation



Our medical team includes MDs, DOs, NPs & PAs (US-licensed, board-certified medical providers) who average over I6 years of experience. They can give you a personalized treatment plan and send prescriptions right to your pharmacy.

GET MEDICAL CARE DAY OR NIGHT:

SIGN IN TO MEMD

Access your MeMD account by downloading the app and entering your plan code:

Visit: www.MeMD.me/app-store Plan Code: MQ967N4T

OR by visiting your MeMD website: www.MeMD.me/group/breckpoint

REQUEST AN EXAM

For non-emergency health issues, you can request an exam using your phone, tablet, or computer.

SPEAK WITH A PROVIDER AND GET TREATMENT

Your MeMD provider will review your chart, ask questions, and recommend a treatment plan.

INCLUDED BENEFIT!



ENHANCED RX PRESCRIPTION MEMBERSHIP WITH ACUTE DRUG FORMULARY Powered by SHIF



THE EASIEST WAY TO SAVE ON YOUR MEDICATIONS

Enhanced Rx provides access to a full PBM discount network and additional access to savings online and through concierge service. Discount can also be used at the local pharmacy and include 95 ACA medications and 37 commonly prescribed medications included at no cost! Visit **Breckpointrx.com** to get started!

1. Pay Before you go



- Save up to 25% more BEFORE going to the pharmacy by pre-paying at www.breckpointrx.com.

3. Present your Rx card



- At any retail pharmacy and out of pocket cost is deeply discounted.



2. Mail Order

- Secure home delivery options online with up to 50% savings and enjoy auto-refill.



NO COST ACUTE DRUG FORMULARY COVERS DRUGS LIKE:

- Amoxicillin
- Atorvastatin
- Azithromycin (Z-Pak)
- Bupropion
- Cholecalciferol
- Ciprofloxacin

- Hydrocortisone
- Junel
- Lovastatin
- Meclizine
- Naproxen
- Nonoxynol

- Prednisone
- Tamoxifen
- Tessalon
- Viorele
- And much more!

See the full list at breckpointrx.com

